

California Sexual and Reproductive Health Care-Health Education

California has a network of laws, programs, and services designed to meet the sexual health care needs of adolescents.

These include:

Mandatory comprehensive sexual health education in public middle and high schools

Consent rights that allow adolescents who need it to confidentially access care

A network of clinics that provide **sexual health services** to address adolescent needs

Public funding streams for sexual health services to ensure free access

Trustworthy information for teens and adult caregivers



There are many resources for adolescents and adult caregivers regarding sexual and reproductive health care.

Federal and state funding pays for **online resources**, including content from state agencies and **Essential Access Health**, the agency that administers federal Title X funding in California.

Resources from Essential Access Health

- www.TeenSource.org
 - Clinic referral tool
 - Youth-friendly information on birth control, STIs, relationships, and rights under California law
- Text messaging service called “The Hookup” provides weekly sexual health information. Texting a zip code to the service will identify a nearby clinic that can provide low to no cost sexual health services.
 - More information at: <http://www.teensource.org/hookup>
- www.TalkWithYourKids.org
 - Information for caring adults on how to talk with teens about sexual health care and healthy relationships
- <https://www.essentialaccess.org/learning-exchange>
 - National resource for health professional in primary care, private practice, family planning and women’s health settings seeking to learn and share best practices in sexual and reproductive health care service delivery

State Resources

- <http://www.familypact.org/Clients/education-materials>
 - Education materials for patients on birth control methods, STIs, reproductive coercion and intimate partner violence, and breast and cervical cancer screening
- <https://www.cdph.ca.gov/Programs/CFH/DMCAH/CDPH%20Document%20Library/Communications/Profile-IE.pdf>
 - In-person information and education programs from the California Department of Public Health
- <http://californiaptc.com/sexual-health-educator-training-program/>
 - Free training program for educators in school, community, and clinic settings who want to build their knowledge and capacity in sexual health and sexuality education
 - In-person and online training topics include: STD/HIV review, contraceptive methods, minor consent and confidentiality, STD data, California education code, and more