



# Free Training: Providing Quality Sexual and Reproductive Health Care for Youth in Foster Care

*Who may authorize contraception for a youth in foster care? When may health information be shared with a foster youth's social worker? What are the unique sexual and reproductive health needs of a youth in care? What are the words foster youth never want to hear you say to them?*

## This Training:

- **Reviews new and existing law** related to consent, confidentiality, and mandated reporting laws related to sexual and reproductive health care delivery to foster youth
- **Addresses the most common questions and areas of confusion** from health care providers, such as releasing information and consent processes
- **Describes the unique sexual and reproductive health needs of foster youth**
- **Provides concrete tools and practices** that health care practitioners can incorporate into their practice to become a foster friendly sexual and reproductive health provider.
- Offers **case vignettes**, handouts, a comprehensive list of **resources**, and incorporates the **voice of foster youth**.
- CEU available in some cases.

## Module 1: The Child Welfare System 101 (duration: approx. 30 minutes)

By the end of this module, participants will be able to:

1. Understand and use the terminology and basic concepts associated with foster care
2. Explain the child welfare "system" and process to someone else
3. Name the key adults and their roles and obligations in the lives of foster youth
4. Understand the social conditions in which foster children may live
5. Describe the demographics of children in foster care in California and Los Angeles County

## Module 2: Health Disparities for Youth in Foster Care (duration: approx. 45 minutes)

By the end of this module, participants will be able to:

1. Understand the impact of certain ecological influences on health outcomes, such as adverse childhood events (ACES) and implicit bias
2. Explain how these influences impact behavior and how youth seek and receive health care, including sexual and reproductive health
3. Describe how these disparities affect sexual and reproductive health and other outcomes for foster youth

**Module 3: Tools and Practice to Minimize Disparities aka How to Become a Foster Friendly Health Provider – Practical Tools and Guidance** (duration: approx. 1 hour)

By the end of this module, participants will be:

1. Familiar with the key components of an adolescent friendly practice and the Adolescent Health Working Group's Sexual Health Toolkit.
2. Able to describe the key components of what it takes to be a "foster friendly" practice
3. Able to identify concrete tools and practices that can be used to incorporate these components into practice and become a "foster friendly" provider. The tools will be introduced by walking a hypothetical client through a foster friendly sexual health clinic and exam and identifying tools related to: clinic environment, clinic process, and clinical services.
4. Familiar with several online and print resources and tools available to support foster friendly practice.

**Module 3A: The Legal Stuff – Confidentiality, Consent and Reporting Rules when Treating Foster Youth** (duration: approx. 1 hour)

By the end of this module, participants will be able to:

1. Explain the importance of confidentiality to adolescent practice and the concept of conditional confidentiality
2. Describe the three areas of law that most shape delivery of sexual and reproductive health care to youth in foster care:
  - a. Consent to health care
  - b. Confidentiality and disclosure of records and information
  - c. Mandated Reporting
3. Using questions and cases presented by audience members and other practitioners, the module will end by walking through case scenarios and applying law and best practice recommendations to answer the most commonly asked legal questions.

*The legal module can be adapted to the expertise level of the audience. In other words, it can be presented as an introduction or as a more advanced presentation of the legal issues.*

**Presented by:**

- Multi-disciplinary team (**social workers, lawyers, and physicians**) from the Los Angeles Reproductive Health Equity Project for Foster Youth (LA RHEP).

**Contact us for a list of scheduled trainings or to schedule a training.**

*Please contact Lesli LeGras Morris at [llegras@youthlaw.org](mailto:llegras@youthlaw.org) and sign up for updates at [www.fosterreprohealth.org](http://www.fosterreprohealth.org).*

***LA RHEP is a public-private collective impact campaign that intends to dismantle the systemic barriers that impede youth in Los Angeles County foster care from accessing sexual & reproductive health care & education.***