



Youth Speak: How We Are Experiencing COVID-19 and the Best Way to Meet Our Healthcare Needs

*Part of the LA RHEP Summer Learning Series
Courageous Conversations: Perspectives, lived experiences, and advice about supporting youth's health and relationship needs in the time of Coronavirus.*

June 17, 2020

Community-Keeping



- All participants have been muted.
- To ask a question during the webinar, push the Q&A button at the bottom of your screen, type your question, and hit “send.”
 - You can also use the Q&A function to alert presenters of any technical difficulties or other flags.
- The last few minutes of the webinar will be reserved for answering questions.

Presenters



Felicia L. Reyes
Program Associate
LA Reproductive
Health Equity
Project for Foster
Youth
She/Her/Hers



Stacy Barron
Director of Quality
Improvement & Ass.
Clinical Professor of
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Olive View – UCLA
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Liz Wolf
Youth Advisory Board
Member
LA Reproductive
Health Equity Project
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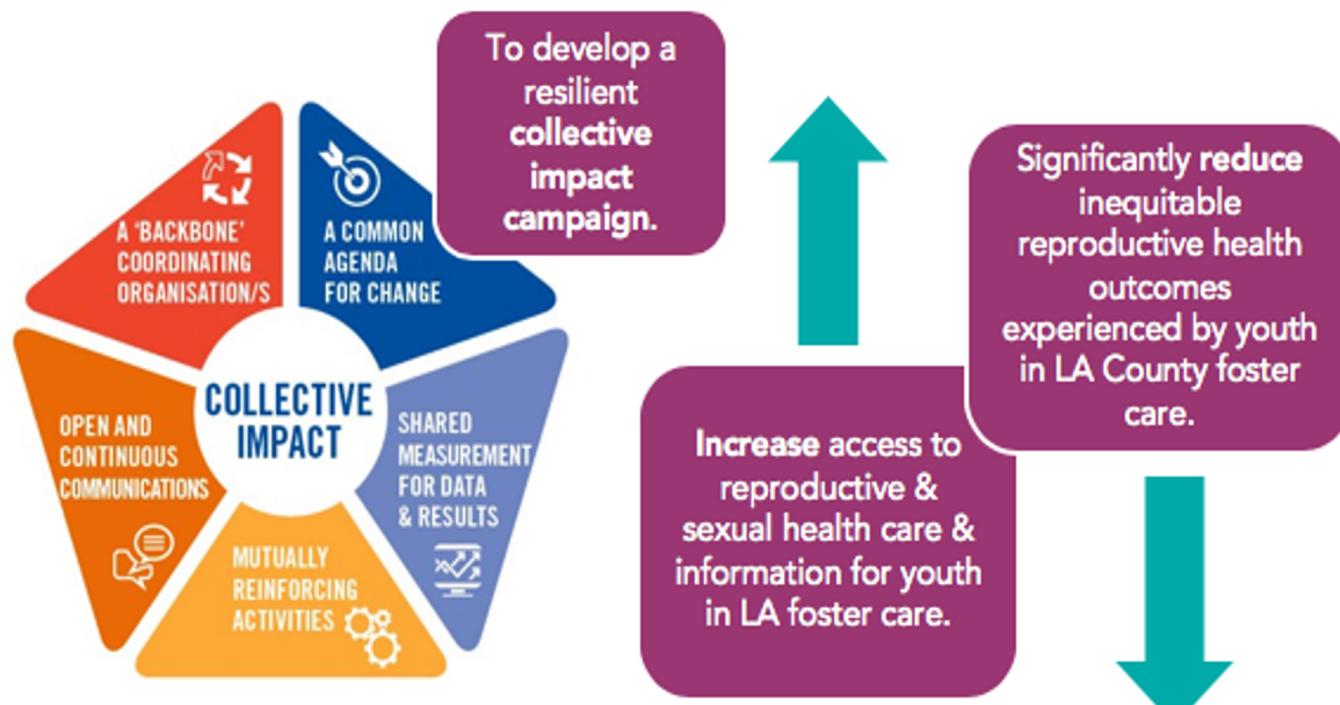


Ceci Martinez
Community Health
Educator
Planned Parenthood
Pasadena and San Gabriel
Valley
She/her/ella



Jaci Cortez
Youth Advisory Board
Member
LA Reproductive Health
Equity Project for Foster
Youth
Any

Los Angeles Reproductive Health Equity Project for Foster Youth



LA RHEP is generously funded by the
Conrad N. Hilton Foundation.

California Changes Law and Policy to Ensure Access to Education and Care

2015

- No state policy, training, or guidance on sexual and reproductive wellness for youth in foster care

2016

- CDSS issues state plan to address unplanned pregnancy (All-County Letter 16-88)
- CDSS issues All-County Letter 16-82 - youth rights to sexual and reproductive health education and services

2017

- STRTP regulation changes

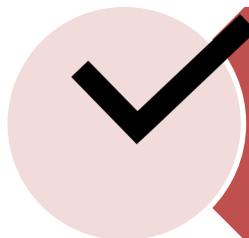
2017

- California Foster Youth Education Act (SB 89)

2016-2019

- CDSS issues series of guidance to clarify obligations for case workers and caregivers and best practices

Sexual and Reproductive Wellness



Youth Rights



Caseworker Obligations related to
Healthy Sexual Development of Youth



Caregiver Obligations related to
Healthy Sexual Development of Youth

Sexual and Reproductive Wellness:



Youth Rights

1. Right to age-appropriate, medically-accurate sexual health information
2. Right to receive comprehensive sexual health education in middle school and high school
3. Right to access pregnancy related care on their own and confidentially at any age
4. Right to access services related to sexually transmitted infection, including prevention, starting at age 12
5. Right to confidentiality in their reproductive and sexual health information
6. Right to obtain, possess and use contraception of their choice
7. Right to store contraception in their own private storage space in their placement
8. Right to receive sexual health services in a timely manner from their provider of choice, as long as that provider accepts Medicaid
9. Right to transportation to medical appointments
10. Right to be placed according to gender identity and to gender affirming health care

Sexual and Reproductive Wellness:



Caseworker Obligations related to Healthy Sexual Development of Youth

1. Must confirm youth have received comprehensive sexual health education during middle school and high school. If youth did not receive instruction in school, county must ensure they receive education through an alternative source at least once in middle and once in high school.
2. For all youth ages 10 and older, must inform youth at least annually of their right to access age-appropriate, medically accurate information about reproductive and sexual health care.
3. For all youth ages 10 and older, must inform youth at least annually of their right to consent to sexual and reproductive health services and right to confidentiality regarding those services.
4. For all youth ages 10 and older, must inform youth how to access reproductive and sexual health care services and education.
5. Must facilitate access to care, including by assisting with any identified barriers to care, as needed.
6. Must document annual conversations in case plan for youth ages 10 and older
7. Must document sexual and reproductive health information in a way that honors legal confidentiality rights

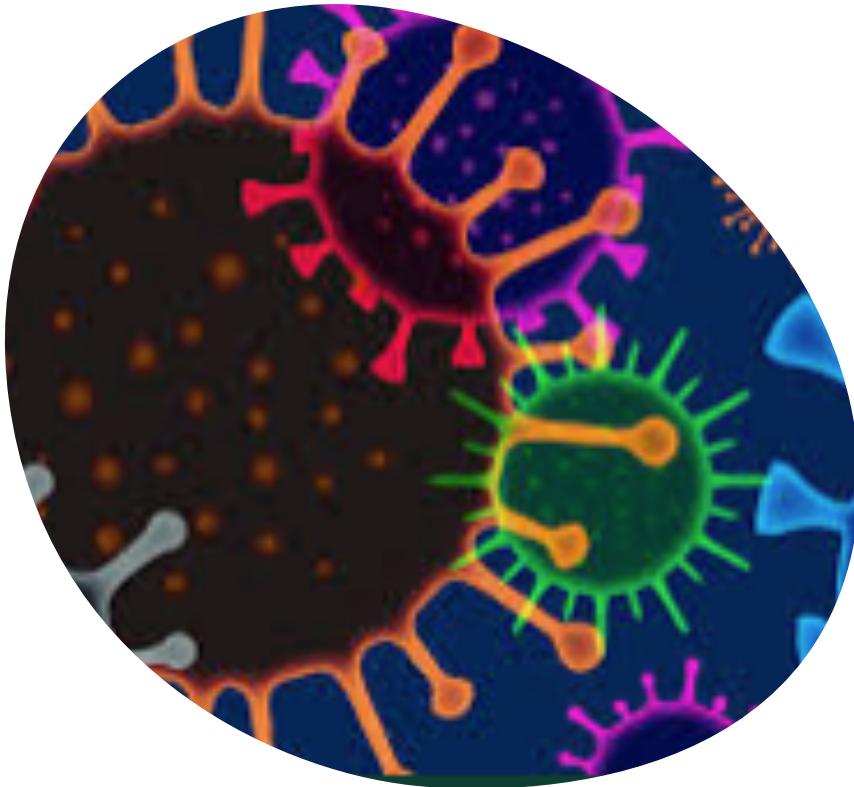
CDSS ACL 18-61, ACIN I-06-20

Sexual and Reproductive Wellness:



Caregiver Obligations related to Healthy Sexual Development of Youth:

1. Must ensure youth receive medical care, including sexual and reproductive health care
2. Must facilitate timely transportation to appointments
3. Must ensure youth are allowed to select sexual health care provider of choice
4. Must respect their right to use contraception
5. Must assist youth in access age appropriate medical accurate information about sexual and reproductive health care by directing them to reliable sources of information
6. Must treat youth with respect and maintain their privacy
7. Cannot require abstinence or confiscate contraception



**And then
COVID and
Shelter in
Place
happened...**

What is the impact of COVID-19 and shelter in place on youth in foster care?

Q&A with Jaci Cortez and Liz Wolf

*LA RHEP Youth Advisory Board
Members*

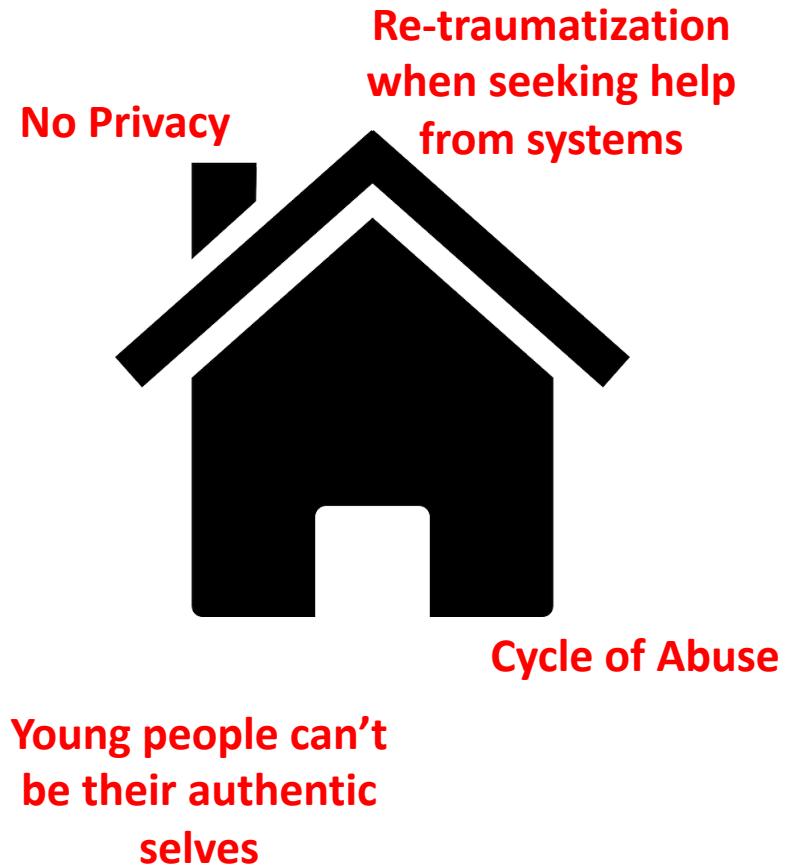
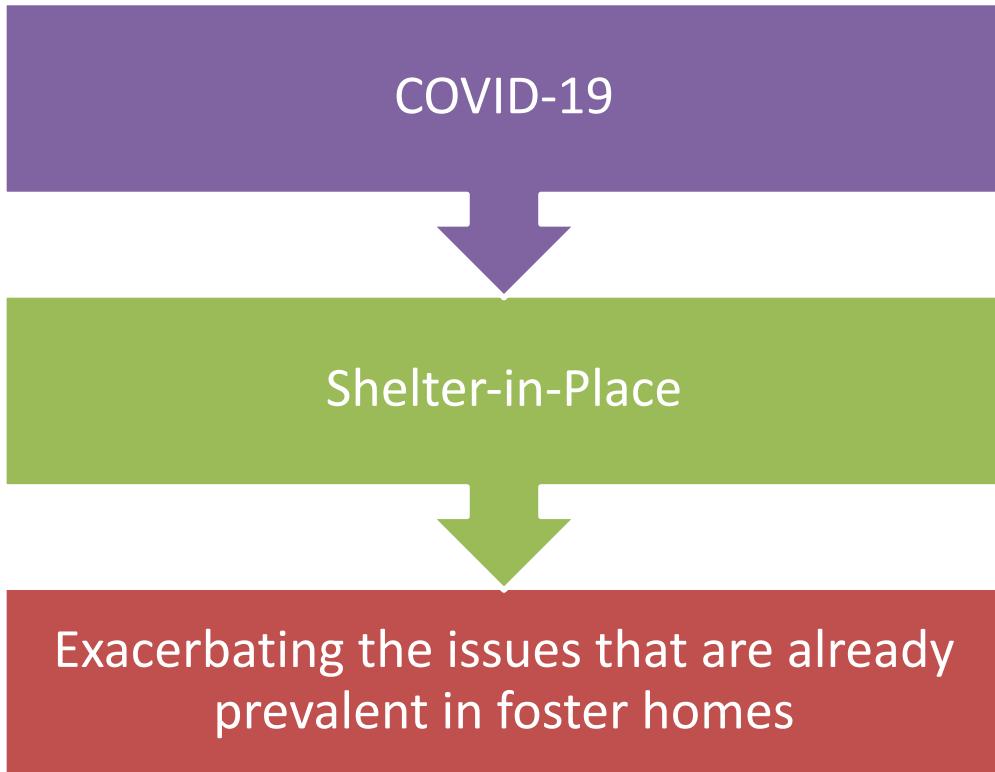


We will be discussing both under 18 as well as transition age youth in foster care.

Theme 1: Living Space



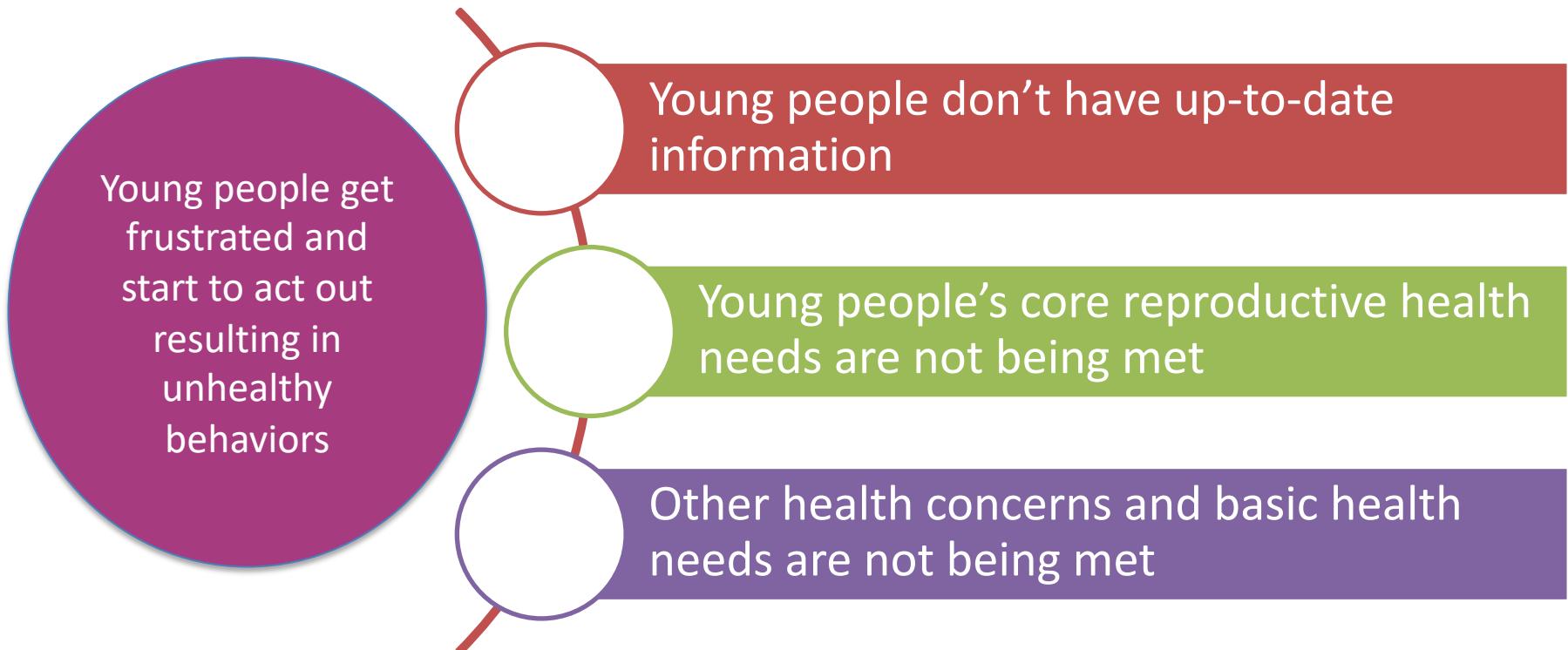
Theme 1: Living Space



Theme 2: Healthcare Needs and Assumptions



“If it’s not COVID, it’s not a priority”



Theme 2: Healthcare Needs and Assumptions

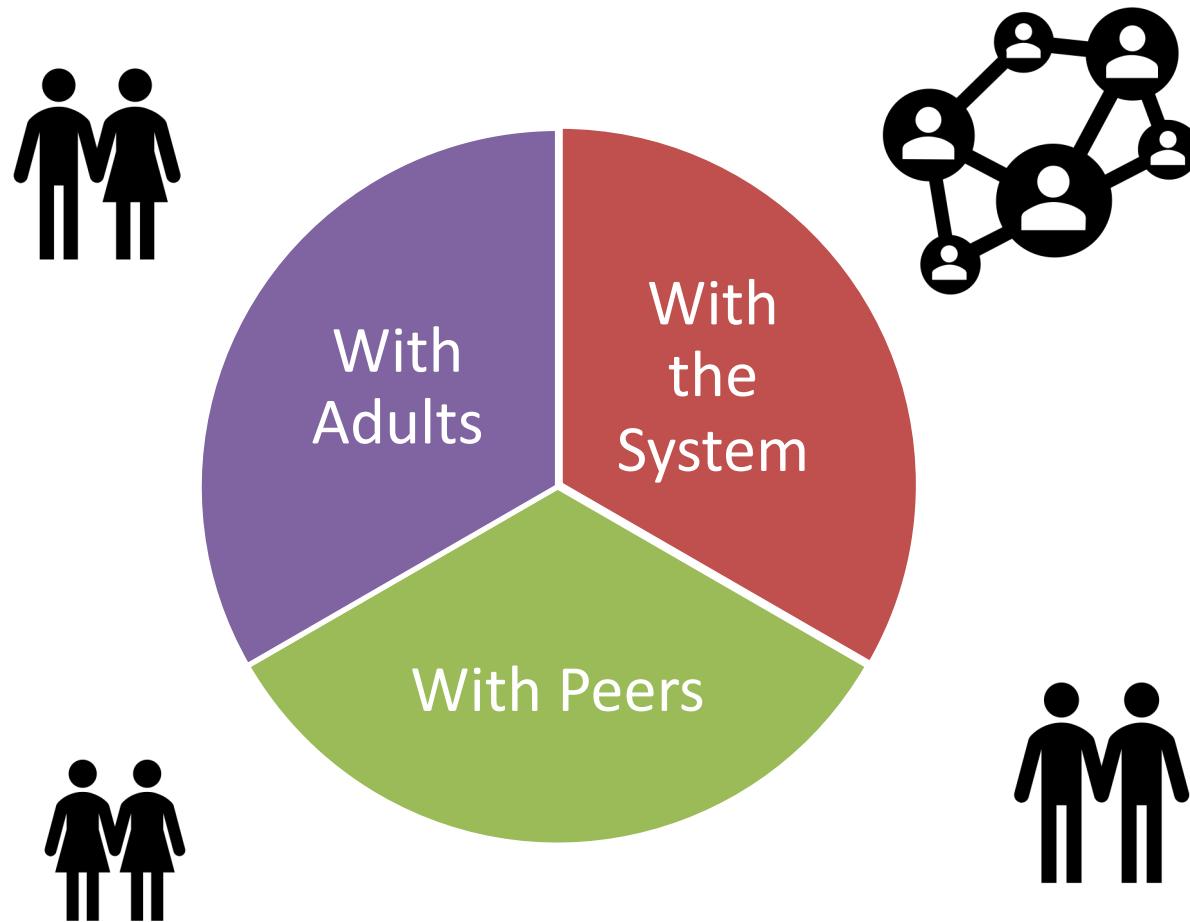


“The system is letting us fall through the cracks.”

“How is that impacting our mental health?”

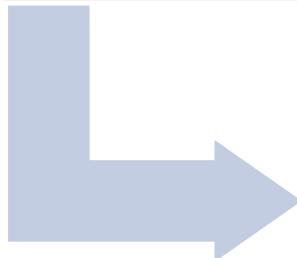
“You don’t matter and what you’re asking for doesn’t matter”

Theme 3: Relationships

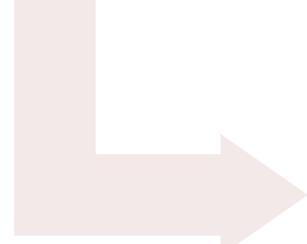


Theme 3: Relationships

Due to COVID,
every
relationship has
shifted



Youth in care
already deal
with issues of
isolation etc...



This pandemic is
exacerbating
these issues

**Why is it so
important to
lead with love
right now?**

Q&A From the Audience

Pre-submitted Questions

**How are healthcare providers
and organizations addressing
some of these needs?**



The Hub Clinics: Sexual and Reproductive Health in our COVID Era

Stacy Barron, MD

Assistant Clinical Professor of Pediatrics

Director of Quality Improvement

Olive-view UCLA Medical Center



June 17, 2020

Hub Clinics

- **What are the Hub clinics?**
- **Prior to COVID, Adolescent Health was a priority area****
 - Increase our rates of STI screening
 - Improve our flow of patients through clinic to protect patient privacy and create more opportunities for alone time to fill out paperwork, answer intake questions
 - Improve our adolescent health intake questionnaire
 - Create more visual educational materials
- **Continues to be a priority area**

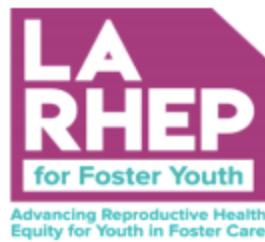


Special COVID-19 Era Considerations



- Are we still seeing patients in person? YES
- What are we doing to protect patients coming IN PERSON? A LOT
- Telemedicine appointment vs in person?
 - Limitations of telemedicine in adolescents
 - Private space
 - Comfortable speaking over the phone
 - Contact info for your doctor
- Privacy
 - No changes!

LA RHEP has great resources



Getting Sexual & Reproductive Healthcare During COVID-19: A Guide for Young People in CA Foster Care

The Los Angeles Reproductive Health Equity Project for Foster Youth (LA RHEP)
www.fosterreprohealth.org

Getting In-Person Care

<https://fosterreprohealth.org/issue-areas/toolkits-and-implementation-guidance>

What services do we continue to offer?



- **Everything that we offered before COVID**
 - Vaccinations
 - Linkage to mental health services
 - County in general has a new portal for this
 - Same Day access to
 - STI testing
 - Depo
 - OCP
 - Plan B
 - Condoms
 - PreP
 - Some clinics offer same day
 - Nexplanon**
 - IUD**

****We have NEVER paused these services...they are essential...continuing to provide for your health IS and WILL CONTINUE TO BE essential****

Know your rights...

- **Alone time with provider**
- **Give the provider your phone number**
- **Ask how you can contact the clinic**
- **Ask about email/text options**
- **Ask about what the clinic is doing to protect your health**
- **Ask how they protect your privacy and maintain confidentiality**

- **Telemedicine (new territory!)**
 - Do you have a private space to talk?
 - Where do you like having these discussions, in person, on the phone?
 - Does it matter if you have met the provider before?
 - For some, more convenient, saves time!
 - Will stick around!

Some great projects on the horizon...



- **Reproductive Health Navigator Program**
 - Partnership between county, LA RHEP
 - We want to facilitate end to end delivery of services in a confidential way
- **Produce a reproductive health asset map**
- **Design ways to make you more prepared and aware of what is discussed during appointments**
- **Follow up after appointment**
- **Make sure you have end to end delivery of services in a way that maintains provider-patient confidentiality**

Questions/Comments?





Planned Parenthood Pasadena and San Gabriel Valley

June 17, 2020

Ceci Martinez, She/Her/Ella
Community Health Educator

Mission

To ensure broad public access to reproductive and family planning services through medical service, education and advocacy.

Our Service Area



Established in 1933, serving communities from Glendale to Glendora, and from San Gabriel Mountains to San Bernardino freeway. 24 cities and home to almost 2 million people.

Our Health Centers are located in:

- Pasadena
- Baldwin Park
- Eagle Rock
- Alhambra
- Glendora

These counties in California are served by these Planned Parenthood organizations:



Planned Parenthood Northern California

- Counties: Butte, Colusa, Contra Costa, Del Norte, Glenn, Humboldt, Lake, Lassen, Marin, Mendocino, Modoc, Napa, Plumas, San Francisco, Shasta, Siskiyou, Solano, Sonoma, Tehama, Trinity



Planned Parenthood Mar Monte

- Counties: Alameda, Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kern, Kings, Madera, Mariposa, Merced, Mono, Nevada, Placer, Sacramento, San Benito, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Sierra, Stanislaus, Sutter, Tulare, Tuolumne, Yolo, Yuba



Planned Parenthood California Central Coast

- Counties: Santa Barbara, Ventura, San Luis Obispo



Planned Parenthood Los Angeles

- County: Los Angeles (except for Pasadena and San Gabriel Valley areas)



Planned Parenthood Pasadena and San Gabriel Valley

- County: Pasadena and San Gabriel Valley areas of Los Angeles County



Planned Parenthood Orange and San Bernardino Counties

- Counties: Orange, San Bernardino



Planned Parenthood Pacific Southwest

- Counties: Imperial, Riverside, San Diego

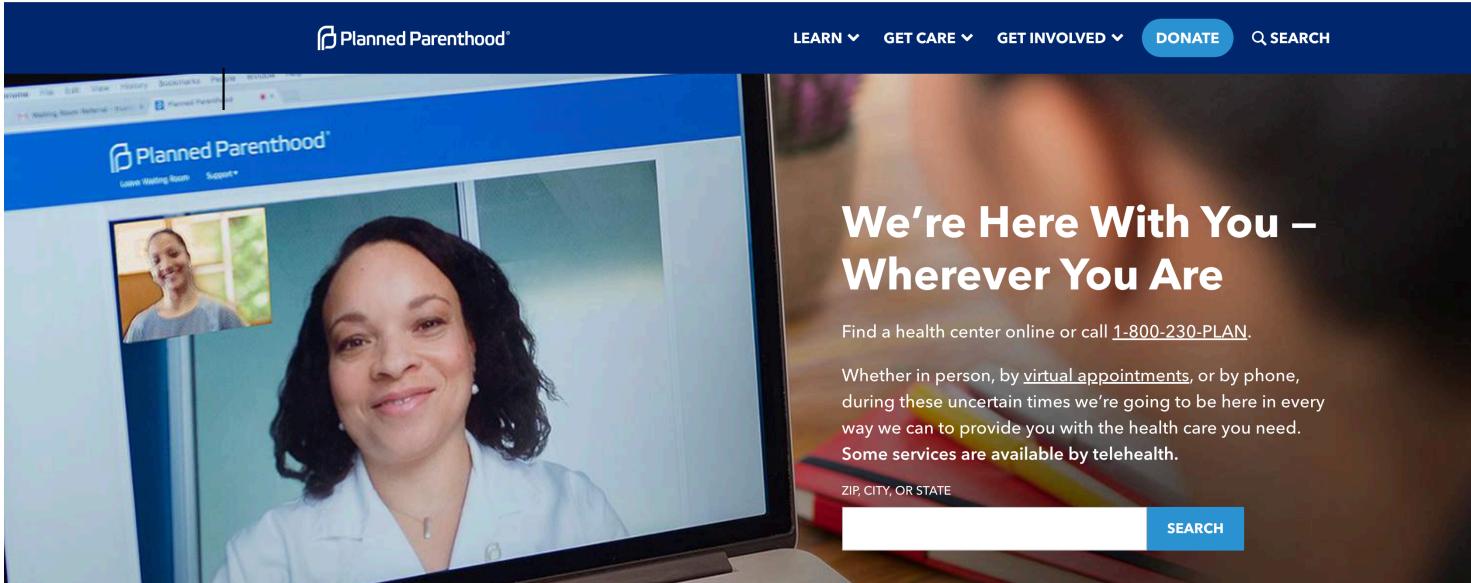
A close-up photograph of a woman with dark hair, wearing a green sleeveless dress with a gold chain necklace. She is holding a young child with curly hair, who is wearing a blue and white striped shirt. They are both looking down at something in their hands. The background is a plain, light-colored wall.

PATIENT SERVICES

Medical Services Include:



- Birth control options
- STI testing & treatment
- Pregnancy tests
- Abortion Services
- Cancer screenings
 - Pap tests
 - Breast exams
 - Mammograms
 - Testicular exams
- Special procedures
 - Biopsy
 - Colposcopy
 - LEEP
- HPV vaccine
- Infection checks
- Emergency Contraception
- FREE Condoms
- Referrals
- PEP/PrEP
- **Trans Care**



The screenshot shows the homepage of plannedparenthood.org. At the top, there's a navigation bar with links for LEARN, GET CARE, GET INVOLVED, DONATE, and SEARCH. The main headline reads "We're Here With You – Wherever You Are". Below it, text says "Find a health center online or call [1-800-230-PLAN](#). Whether in person, by [virtual appointments](#), or by phone, during these uncertain times we're going to be here in every way we can to provide you with the health care you need. Some services are available by telehealth." A search bar with a "SEARCH" button is present. A blue banner at the bottom left contains the text "Here's what you need to know about telehealth." and a "LEARN MORE" button. To the right of the banner is a map of the United States with numerous blue location pins. A "FIND ABORTION SERVICES" button is located at the bottom of the map section.

plannedparenthood.org

Español

Planned Parenthood®

LEARN ▾ GET CARE ▾ GET INVOLVED ▾ DONATE SEARCH

We're Here With You – Wherever You Are

Find a health center online or call [1-800-230-PLAN](#). Whether in person, by [virtual appointments](#), or by phone, during these uncertain times we're going to be here in every way we can to provide you with the health care you need. Some services are available by telehealth.

ZIP, CITY, OR STATE

SEARCH

LEARN MORE

Abortion Clinics Near You

View Planned Parenthood health centers that provide abortion care and get the information you need to schedule an appointment.

FIND ABORTION SERVICES

How to Access PPPSGV Services



- Online appointments www.pppsgv.org
- Give Us a call: **626.798.7266**
- Weekend appointments available
- Same day appointments available
- Telehealth AND in-person options

Telehealth Appointments!



- 1. Can be via phone or videoconference (Zoom).**
- 2. The secure visit is with a clinician and a patient. Some visits may require a person to visit the health center for medication or follow-up.**
- 3. Medication can be picked up at health centers and sometimes mailed directly to a patient.**

How to Prepare for a Telehealth Appointment:

- *Find a private location for the appointment where you will not be overheard.*
- *Use headphones if possible*
- *Log-in early in case there are technical issues.*
- *Tell the clinician if you are concerned about privacy for your appointment so they can keep this in mind when discussing your care.*

Cost of Medical Services



- Medi-Cal
- Private insurance
- State funded programs
 - **Family Pact**
 - Every Woman Counts
 - Presumptive Eligibility
- Sliding scale fees for out of pocket payments





Thank You

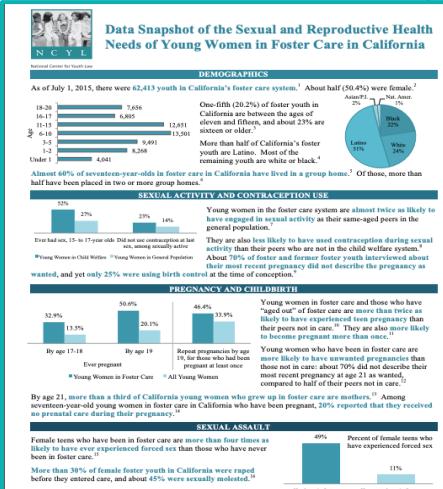
Questions? Email us at education@pppsgv.org

More Resources

- LA RHEP's [COVID-19 Resource Guide for Youth in Foster Care](#)
 - CDSS [Know Your Sexual and Reproductive Health Rights](#) brochure (also available in Spanish, Tagalog, Vietnamese, Hmong)
 - CDSS [Healthy Sexual Development website](#) has many resources, including "Talking Points for Case Workers about Reproductive and Sexual Health", practical guidance for caregivers and STRTPs with case studies, and information about the law.
 - The LA RHEP website [Fosterreprohealth.org](#) includes many other resources, such as a data snapshot of the Sexual and Reproductive Health Needs of Youth in Foster Care in California



<p>STATE OF CALIFORNIA—HEALTH AND HUMAN SERVICES AGENCY DEPARTMENT OF SOCIAL SERVICES 744 P Street • Sacramento, CA 95814 • www.dss.ca.gov</p>	 EDWARD J. BROWN, JR. <small>Governor</small>
REASON FOR THIS TRANSMITTAL	
<p>2016</p> <p>Y LETTER NO. 16-88</p> <ul style="list-style-type: none"> <input type="checkbox"/> State Law Change <input type="checkbox"/> Federal Law or Regulation <input type="checkbox"/> Order <input type="checkbox"/> Clarification Requested by Other Agency or Entities <input type="checkbox"/> Initiated by DSS 	



THE LOS ANGELES REPRODUCTIVE HEALTH
EQUITY PROJECT FOR FOSTER YOUTH PRESENTS:



THE LA RHEP SUMMER LEARNING SERIES

**COURAGEOUS CONVERSATIONS: PERSPECTIVES, LIVED
EXPERIENCES, AND ADVICE ABOUT SUPPORTING YOUTH'S
HEALTH AND RELATIONSHIP NEEDS IN THE TIME OF
CORONAVIRUS**

A four-part series to hear from the youth perspective



WEBINAR ONE: YOUTH SPEAK: HOW WE ARE EXPERIENCING
COVID-19 AND THE BEST WAY TO MEET OUR
HEALTHCARE NEEDS

June 17th 2020

<https://bit.ly/youthspeakCOVID19impact>



WEBINAR TWO: YOUTH AND CAREGIVER SPEAK: CREATING
STRONGER CAREGIVER-YOUTH RELATIONSHIPS
BY EMBRACING AWKWARD CONVERSATIONS

July 8th 2020

<https://bit.ly/caregiveryouthrelationship>



WEBINAR THREE: PARENTING YOUTH SPEAK: HOW WE ARE
EXPERIENCING COVID-19 AND WAYS TO
SUPPORT US

August 5th 2020

[Link coming soon](#)



WEBINAR FOUR: ADVICE FROM YOUTH FOR YOUTH: SELF-LOVE,
SEXUAL INTIMACY, AND HEALTHY
RELATIONSHIPS AMID COVID-19

August 26th 2020

[Link coming soon](#)

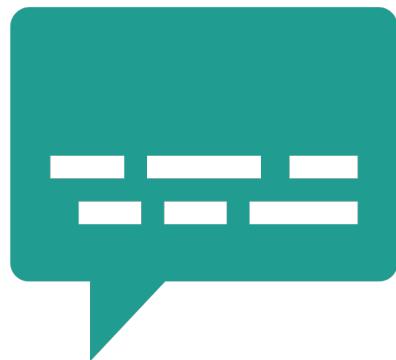
For questions please contact Felicia Reyes,
treyes@youthlaw.org

Visit fosterreprohealth.org for more reproductive and sexual health resources.
This series was made possible in part through funding from the Conrad N. Hilton Foundation



**Check out our
upcoming
webinars!**

Q&A with the Presenters





Lesli LeGras Morris, LA RHEP Program Director
National Center for Youth Law
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www.fosterreprohealth.org